

**RPEN - WASHOE COUNTY**

**P.O. BOX 12531  
RENO, NV 89510-2531**



**May 2017**

# Washoe Wrangler



## **President Elaine's Message**

How is it possible to wish you all a Happy New Year when I look out the window to find the daffodils are gone, tulips on their last hoorah and the calendar indicates we are in the month of June? Is it really possible that time has flown so swiftly by when we realize we are fast approaching midyear time. The last five months can attest to the fact that the legislature is in session. I will not reiterate what has been happening as Terri Laird, our CEO, Marlene Lockard, our lead lobbyist and Kerry Armanasco, our Director of Finance have kept you all well informed both by Newsletters and e-mails. We have been so ably served by them that our heartfelt thanks should be given by us all. While we are handing out our thank-yous we cannot let pass by the participation of our State President Jack Harris or our general membership who went to the committee hearings and contacted their individual state representatives.

I know you all just love to read this portion of the newsletter. Well there is as always – good news and bad news. With the assistance of Terri Laird the Washoe Chapter has been attending workshops and fairs throughout the county. We have been to both senior and active employee events.

We have been to UNR on several occasions the same for TMCC, the Senior Center and Baldini's senior day. Not only do we need retirees but also active employees. We advocate for them along with our own issues. We are again requesting that you newly retired employees reach back to your still working buddies and explain to

## Chapter Officers

**President** Elaine Steiner  
**Vice President** Betty Squires  
**Secretary** Ellen Marston  
**Treasurer** Don Timmerman  
**Past President** Sue Durst

### Chapter Directors:

Don McMillen, Mary Lou Elicegui,  
Stan Jones, Marsha Osloond, Evelyn  
Wagner

Newsletter Editor: Brad Truax

### ***DID YOU KNOW?***

**The** aorta, the largest artery in the body, is nearly the diameter of a garden hose!

**Human** life expectancy has increased more in the last 50 years than in the last 200,000 years of human existence.

**The** chemical elements that make up the human body are worth about \$160.

**It** takes 17 muscles to smile, and 43 to frown. (Does that mean grumpy people get more exercise?)

**On** average, the human heart pumps about 4,000 gallons of blood each day.

**It** costs about 4.9¢ to make a \$1.00 bill.

### **President Elaine's Report (continued)**

them why they should join you in protecting their retirement. Participation has also included presentations at information workshops sponsored by PEBP and by Towers Watson, One Exchange programs.

RPEN has a relatively new way in which you may pay for your membership. This method is especially useful to our active members. The enrollment is called ACH (Automated Clearing House). You may pay for your dues of \$5.00 per month by having it withdrawn automatically from your checking account. Think of this as a viable alternative. For more information get in touch with me at [ebs@pyramid.net](mailto:ebs@pyramid.net) or call me at (775) 853-4059 and we can get you set up.

I am sorry to say that those of you that have not attended meetings have missed some very interesting programs. True we had some subjects regarding health and end of life issues, but we have also had interesting programs about Bugs and Butterflies of Nevada, the life of one of RPEN's members Bonnie Nishikawa and her life as a "Home" kid at the Nevada State Orphan's/Children's Home and Dan Erwine who shared with us interviews he's had with various celebrities. We hope to see more of you at our general meetings, if you had an idea for an interesting subject let us know so we can share with the group.

Our July meeting will be our luncheon at the Atlantis. **Please note the cutoff date for reservations.** Time line will be strictly enforced. We have to give the Atlantis a firm number. Hope we have a good turnout. The program should be of interest to you all.

Finally, volunteers are needed to welcome new members, expand the volunteer activities we do at KNPB, and we'd like to start a group to knit items for The Children's Cabinet. Please contact Elaine Steiner and let her know you'll pitch in.

## From meetings you may have missed...



### NEVADA BUGS AND BUTTERFLIES

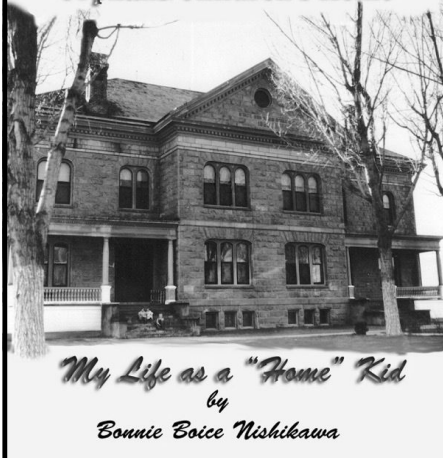
The science center will be open for the 2017 season from June 22 to September 9

We will be open Thursdays, Fridays, and Saturdays from 10am – 3pm (Closed July 1)

413 MATTERHORN BLVD.  
RENO, NEVADA 89506 (775)  
200-8774

[WWW.NEVADABUGS.ORG](http://WWW.NEVADABUGS.ORG)

### Nevada State Orphans/Children's Home



*My Life as a "Home" Kid*  
by  
Bonnie Boice Nishikawa

Guest speaker, Bonnie Nishikawa gave a wonderful presentation about growing up in the Nevada State Orphan's/ Children's Home that was located in Carson City, Nevada from 1870 until its closure in 1992. She described the daily life of children who were rescued from family tragedies and nurtured through childhood to become healthy and produc-

tive future citizens. Bonnie was a "Home" kid. In her book, she pays tribute to the Children's home that protected Nevada's disadvantaged kids and to the people who lovingly cared for her from 1942 to 1955.

Help us save paper and mailing costs by having your newsletter sent via email. Type "RPEN GREEN" in the subject line and send your name and email address to either: [ebs@pyramid.net](mailto:ebs@pyramid.net) or [rpen.washoe@gmail.com](mailto:rpen.washoe@gmail.com)

## CLIP AND SAVE

**NOTE:** THERE WILL BE NO POSTCARD NOTICE OF THESE MEETINGS

**Second Monday of each month at 2:00 PM**

**Washoe Senior Center  
1155 E. Ninth street,  
Reno, NV**

JUNE 12, 2017:  
Ginger Fenwick  
"Bees for Vets"

JULY 10, 2017:  
WASHOE CHAPTER'S  
*SUMMER*  
*LUNCHEON. 11:30 AM*  
*at the Atlantis Hotel*

SEE RSVP NOTICE IN THIS NEWSLETTER.

AUGUST 14, 2017:  
Nathan Daniel, Executive Director of the Truckee Meadows Parks Foundation, will describe their programs, including summer evening walks.

SEPTEMBER 11, 2017:  
Mr. John Coles, TMCC, will present a program on stress management.



# Members' Corner

**This space is reserved to allow you, our members, an opportunity to share things you think will be of interest to others.**

**For example...**

- If you have health insurance other than Senior Care Plus, tell us about it.
- In what activities are you involved that may be of interest to others?
- Do you have suggestions as to what RPEN might do to better serve your needs?
- Share a highlight of a trip you've taken.
- Send us questions for an RPEN "Question & Answer" column.

**Direct your column contributions to us by mail or email.**

**Retired Public Employees of Nevada  
Washoe Chapter  
P.O. Box 12531  
Reno, NV 89510-2531**

**Email us at either: [ebs@pyramid.net](mailto:ebs@pyramid.net) or  
[rpen.washoe@gmail.com](mailto:rpen.washoe@gmail.com)**

# WASHOE RPEN SUMMER LUNCHEON

**MONDAY, JULY 10, 2017**

**12 NOON (Seating starts 11:30 a.m.)**

**ATLANTIS CASINO BALLROOM**

**COST: \$25.00 per member - \$28.00 per non-member/guest**

**PROGRAM: Speakers representing RPEN and PERS**

## MENU

**ROAST PORK LOIN** — Cranberry-Mustard Glazed Pork Loin, Cornbread Stuffing,  
Whipped Potatoes, Fresh Vegetables

*-OR-*

**COUNTRY POT ROAST** — Yukon Gold Mashed Potatoes, Natural Gravy, Vegetable Medley

*-OR-*

**VEGETARIAN PLATE**—Chef's Choice

\*All Entrees accompanied with Salad, Bread, Dessert, Coffee & Tea

**DESSERT: Seasonal Fruit Tart**

**NOTE TO OUR NEIGHBOR CHAPTERS:** Any interested members are cordially invited to attend at the member price (\$25.00). Please call Don Timmerman to make reservations. **Be sure to include your menu choice!**

**Information: Don Timmerman @ 626-7673 or Pat Keough @ 358-2352**

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**Please send this coupon with your check payable to "RPEN Washoe Chapter" to:**

**Don Timmerman 5761 Crooked Stick Way Sparks, NV 89436**

**Name:** \_\_\_\_\_

**Menu Choice:**  Roast Pork Loin #\_\_\_\_  Country Pot Roast #\_\_\_\_

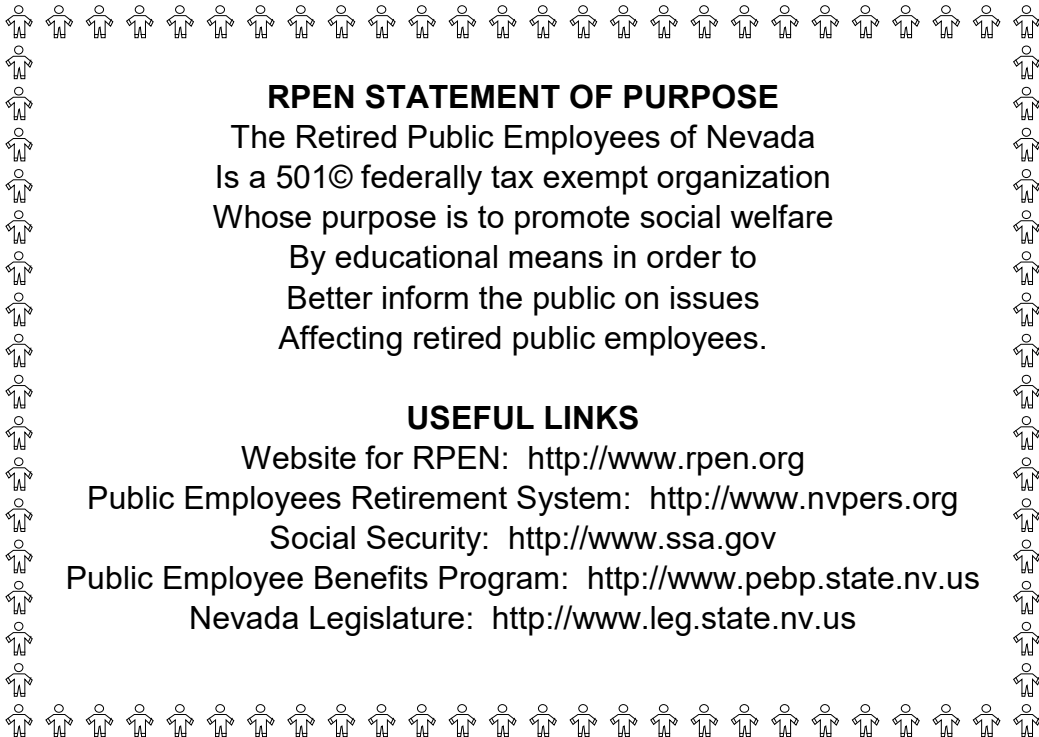
Vegetarian Plate #\_\_\_\_

**MAILING DEADLINE: JUNE 30, 2017**

Retired Public Employees of Nevada  
Washoe Chapter  
P.O. Box 12531  
Reno, NV 89510-2531

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**RPEN STATEMENT OF PURPOSE**  
The Retired Public Employees of Nevada  
Is a 501© federally tax exempt organization  
Whose purpose is to promote social welfare  
By educational means in order to  
Better inform the public on issues  
Affecting retired public employees.

**USEFUL LINKS**  
Website for RPEN: <http://www.rpen.org>  
Public Employees Retirement System: <http://www.nvpers.org>  
Social Security: <http://www.ssa.gov>  
Public Employee Benefits Program: <http://www.pebp.state.nv.us>  
Nevada Legislature: <http://www.leg.state.nv.us>